



# Ebbw Fawr Learning Community

## Cymuned Ddysgu Ebwy Fawr

**Headteacher / Prifathrawes:** Mrs M Thomas BA (Hons), NPQH

**W:** [www.ebbwfawr.co.uk](http://www.ebbwfawr.co.uk)

Our Ref MTH/JSM

23 March 2026

Dear Parents and Carers

I am writing to let you know that from 1 April, the operation of our school restaurant will be taken over by the Local Authority catering team.

We are very excited about this change and the opportunities it will bring for our pupils and families. This new arrangement will introduce new menus and a refreshed catering offer, while continuing to provide high-quality meals for our children and young people.

Please find attached the menus that will be in operation, along with the updated prices for your information. When we return from the Easter holidays, the menu in operation will be Week 1.

This will be a seamless transition, and parents do not need to do anything as part of this change. We will be working closely with the Local Authority to ensure that arrangements continue smoothly for all pupils.

Thank you for your continued support.

Yours sincerely

**Mrs Melanie Thomas**

Headteacher

\*\*\* PLEASE SEE MENU SELECTION BELOW \*\*\*



# Student Price List

April 2026



## Blaenau Gwent Catering - At the Heart of a Healthy Lifestyle

### Mid-Morning Break

- Toast (v) £0.37
- Beans on Toast (v) £1.33
- Bacon Roll £1.53
- Half Bagel (v) £0.39
- Crumpet (v) £0.39
- Half Toasted Teacake (v) £0.35
- Rasher of Bacon £0.84
- Piece of Fruit £0.65

### Hot Snacks

**Tasty hot snacks for food on the go:**

- Pizza Slice (v) £1.95
- Hot Panini's £1.95
- Cheeseburger £1.95
- Quorn Dippers in Wrap (v) £1.95

### Pasta Pots

**Freshly cooked pasta topped with your favourite sauce:**

- Plain Pasta Pots £1.34
- Pasta with Sauce (v) £2.07
- Pasta with Meat Sauce £2.25
- Garlic Bread (per slice) (v) £0.25

Main Meal  
Only  
**£2.18**

Dessert  
of the day  
**£0.82**

Meal of the Day  
with Dessert **£3.00**

(v) Suitable for Vegetarians

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provide wherever possible.

Non Students will be charged VAT.

### Noodle Pots

- Vegetable Noodle Pots (v) £2.05
- Chicken Noodle Pots £2.55

### Deli Bar

**Available Daily - a selection of freshly prepared:**

- Talgarth Bakery Sandwich £2.19
- Talgarth Bakery Wrap £2.10
- Talgarth Bakery Roll £1.95
- Talgarth Bakery Baguettes £2.42
- Pasta / Salad Boxes £2.07

### Desserts

**Daily selection of freshly baked sweet treats:**

- Cheesecake £0.80
- Angel Whirl £0.80
- Biscuit (one size) £0.39
- Welsh Cakes £0.47
- Flapjack £0.65
- Cake / Muffin £0.77

### Jacket Potato

**Hot fluffy potato topped with your choice of hot & cold fillings plus a side salad garnish:**

- Plain Jacket Potato £1.34

### Sides

- Condiment Sachet £0.15
- Jam Portion £0.15
- Grated Cheese Pot £0.84
- Baked Beans £0.59
- Butter Portion £0.22
- Coleslaw £0.59

### Extras

- Bread Roll £0.61
- Cheese & Crackers £0.77
- Fruit (Whole piece) £0.65
- Fruit Pot £0.93
- Fruit Yoghurt £0.59
- Fruit Slush £0.98
- Jelly Pouch £0.77

### Drinks

**Available all day:**

- iPro Drink (300ml) £1.29
- Radnor Fruits Tetra (200ml) £0.61
- Radnor Still / Sparkling (330ml) £0.77
- Still Water (500ml) £0.77
- Viva Milkshake (200ml) £0.72
- Pint of Milk £0.78
- Tea £0.48
- Coffee £0.78
- Hot Chocolate £0.93

### Did you know?

- We are committed to making all our food healthier and more nutritious - our menu's are carefully put together by a qualified Public Health Nutritionist (Food in Schools Co-ordinator).
- Apart from chips we do not fry any of our food.
- We do not use any meat products containing MRM.
- We only use approved suppliers.
- We endeavour to provide a high quality, low cost service and listen to our customers opinions, suggestions and feedback.

For more information please contact  
Blaenau Gwent Catering Department  
Tel: 07970 381669 / 07790 544458

Ebbw Fawr Learning Community - Secondary Campus

# Meal of the Day

April 2026



*Blaenau Gwent Catering - At the Heart of a Healthy Lifestyle*

Week  
One

## Monday

**Main Meal:** Spaghetti Bolognese, Garlic Bread & Side Salad  
**Or:** Cheese and Broccoli Pasta Bake Garlic Bread & Side Salad  
**Dessert:** Carrot Cake & Cream Cupcake

## Tuesday

**Main Meal:** Bubble Salmon Fillet, Peas / Side Salad, Chips / Jacket Potato  
**Or:** Vegan Quorn Nuggets, Baked Beans / Salad Chips / Jacket Potato  
**Dessert:** Fruit Crumble & Custard

## Wednesday

**Main Meal:** Pork Loin, Sage and Onion Stuffing, apple Sauce, Boiled Potatoes, Dried Roast Potatoes. Seasonal Vegetables, Gravy  
**Or:** Quorn Fillet, Sage & Onion Stuffing, Boiled Potatoes, Dried Roast Potatoes. Seasonal Vegetables and Gravy  
**Dessert:** Pancakes with Sugar & Lemon / Chocolate Sauce

## Thursday

**Main Meal:** Chicken Katsu Curry / Vegetable Curry Rice, Naan Bread  
**Or:** Battered Pollock Fillet, Mashed Potato, Peas & Side Salad  
**Dessert:** Sticky Toffee Pudding & Custard

## Friday

**Main Meal:** Pizza, Chips, Side Salad / Baked Beans  
**Or:** Hot Dog, (Pork Sausages, Glamorgan Sausages for Veggie) Chips Side Salad / Baked Beans  
**Dessert:** Raspberry Ripple Arctic Roll and Fruit Cocktail

*It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provide wherever possible. Non Students will be charged VAT.*

For more information please contact  
Blaenau Gwent Catering Department  
Tel: 07970381669 / 07790544458

# Meal of the Day

April 2026



*Blaenau Gwent Catering - At the Heart of a Healthy Lifestyle*

Week  
Two

## Monday

**Main Meal:** Beef & Spinach Lasagne, Garlic Bread & Side Salad

**Or:** Cheese & Leek Pasta Bake, Garlic Bread & Side Salad

**Dessert:** Jam and coconut Sponge and Custard

## Tuesday

**Main Meal:** Chicken Noodles in a Sweet and Chilli Sauce. Garlic Bread and Salad

**Or:** Fish Fingers, Peas, Herby Diced Potatoes. Bread & Spread

**Dessert:** Chocolate Flavour Artic Roll and Mandarins

## Wednesday

**Main Meal:** Roast Beef, Yorkshire Pudding, Boiled Potatoes, Dried Roast Potatoes  
Seasonal Vegetables, Gravy

**Or:** Glamorgan Sausages, Yorkshire Pudding, Boiled Potatoes, Dried Roast Potatoes,  
Seasonal Vegetables, Gravy

**Dessert:** Fruit Crumble & Custard

## Thursday

**Main Meal:** Hunters Chicken, Rice & Side Salad

**Or:** Quorn Fillet in a BBQ Sauce with Rice & Side Salad

**Dessert:** Cheesecake

## Friday

**Main Meal:** Battered Pollock Fillet, Baked Beans / Curry Sauce, Chips

**Or:** Quorn Nuggets, Baked Beans / Curry Sauce, Chips

**Dessert:** Pear Sponge and Custard

# Meal of the Day

April 2026



*Blaenau Gwent Catering - At the Heart of a Healthy Lifestyle*

Week  
Three

## Monday

**Main Meal:** Chicken & Broccoli Pasta Bake, Garlic Bread & Side Salad

**Or:** Bubble Salmon Fillet, Mashed Potato, Peas & Side Salad

**Dessert:** Pineapple Flapjack

## Tuesday

**Main Meal:** Battered Pollock Fillet, Peas / Side Salad and Fries

**Or:** Chilli Beef with Loaded Fries

**Dessert:** Mandarin Cheesecake

## Wednesday

**Main Meal:** Sausages, Yorkshire Pudding, Boiled Potatoes, Dried Roast Potatoes  
Seasonal Vegetables and Gravy

**Or:** Glamorgan Sausages, Yorkshire Pudding, Boiled Potatoes, Dried Roast Potatoes  
Seasonal Vegetables and Gravy

**Dessert:** Fruit Crumble & Custard

## Thursday

**Main Meal:** Chicken Korma Curry/ Vegetable Curry, Rice and Naan Bread

**Or:** Mac & Cheese Pasta Bake, Garlic Bread & Side Salad

**Dessert:** Fruit / Jam Scone and Cream

## Friday

**Main Meal:** BBQ Chicken Burger in a roll, Coleslaw, Chips or Herby Diced Potatoes

**Or:** BBQ Southern Style Quorn Burger in a roll, Coleslaw, Chips or Herby Diced Potatoes

**Dessert:** Fruit & Jelly