YOUNG CARERS

Pupils under 18 who help look after someone in their household who is ill, disabled or misuses drugs or alcohol.

Young carers might:

- miss school
- feel tired or sad
- want a break – or some fun!

– Young carer

I look after my brother who has autism and it helps to talk to someone in school.

Do you look after someone at home?
Do you need advice or someone to talk to?

The Care Collective De Cymru is a registered charity. Charity No. 1123455 (England & Wales), Registered as a company limited by guarantee in England and Wales No. 06419626. Registered address: County Hospital, Griffithstown, Pontypool, NP4 5YA.

The Care Collective