YOUNG CARERS

Pupils under 18 who help look after someone in their household who is ill, disabled or misuses drugs or alcohol.

Young carers might:

- be late for school
- feel lonely
- have no time for friends or themselves
- struggle to concentrate

– Young carer

You may need additional support to help you get through the challenges you might face at school.

Do you look after someone at home?
Do you need advice or someone to talk to?

The Care Collective De Cymru is a registered charity. Charity No. 1123455 (England & Wales), Registered as a company limited by guarantee in England and Wales No. 06419626. Registered address: County Hospital, Griffithstown, Pontypool, NP4 5YA.

The Care Collective
Supporting unpaid carers